

CLINICAL VIGNETTE

Two Cases of Adenoid Cystic Carcinoma of the Breast

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Case Report

Case 1:

Three months after a negative mammogram revealed only dense tissue, a 49-year-old premenopausal woman palpated a right breast mass. Ultrasound revealed an 18 mm subareolar mass, corresponding to the palpable abnormality. Breast MRI showed a 30 mm highly suspicious subareolar mass. Biopsy revealed an invasive carcinoma, with features suggesting a poorly differentiated (solid) adenoid cystic carcinoma, with immunohistochemical stains revealing focal expression of CD117, Estrogen Receptor (ER) negative, Progesterone Receptor (PR) negative, ki67 intermediate (15% staining), and HER2 negative.

The patient chose breast preservation, and pathology from the segmental resection revealed a 2.8 cm grade II adenoid cystic carcinoma of the breast. Two negative sentinel nodes were removed. She then received whole breast radiation therapy, but no adjuvant systemic treatment.

After completing local therapy, this patient has remained in remission for 4 years.

Case 2:

A 71-year-old woman palpated a left subareolar breast mass 3 months after a negative mammogram. Biopsy revealed adenoid cystic carcinoma, which was ER negative, PR negative, ki67 low (9%), and HER2 negative by FISH.

This patient chose to undergo mastectomy, which revealed a 1.5 cm adenoid cystic carcinoma, and one negative sentinel node was removed. She received no postoperative therapy. She has remained in remission for 3.5 years after her mastectomy.

Discussion

Adenoid cystic carcinoma (ACC) of the breast is a rare subtype of malignant breast tumors, accounting for less than 0.1% of all primary breast cancers, occurring in approximately 1 out of 1 million women each year. Most of the data regarding the natural history and management of this tumor type is derived from case reports and small series. Based on a population based cohort study including 338 patients in the

United States, the incidence of ACC of the breast has remained stable.¹

The ACC histology is noted most frequently in salivary gland tumors but also can be found in tumors of the cervix, prostate, lung, skin, kidneys, and esophagus, in addition to the breast. This histology of ACC of the breast has the same characteristics as ACC of the salivary gland, and although the exact cell of origin is unknown, it is felt to arise from ductal epithelium or myoepithelium. These tumors have a “triple negative” phenotype; specifically, they are negative for ER, PR, and HER2-neu. Yet on microarray genomic analysis, ACC is distinct from triple negative breast cancer. In addition, ACC does not behave clinically like triple negative breast cancer, with a more indolent course, felt to be due to downregulation of proliferative and migrative genes², with proliferative markers such as ki67 generally reflecting the low proliferative rate. The epidermal growth factor receptor (EGFR) is often expressed, as can be CD117 (c-KIT) such as in the first case discussed here, and therefore these are potential therapeutic targets.

Although also reported in children and men, these tumors most often present in postmenopausal women age 50-60. The clinical presentation is frequently of a subareolar mass, as was the case for both of the patients presented here, or with pain in the breast. Only rarely is ACC identified by imaging for breast cancer screening, with a nonspecific radiographic appearance. Most often the disease is isolated to the breast with rare nodal or distant metastasis. Given the rare likelihood of a local or distant recurrence, the prognosis of ACC of the breast is excellent.

The optimal treatment of ACC of the breast has not been defined, although the mainstay of treatment is surgery. Both partial mastectomy and mastectomy have been used, and the role of adjuvant radiation therapy is not clear.

Histologic classifications based on growth pattern have been described: glandular, tubular, and solid.³ This grading system results in a higher grade as the proportion of the solid component increases, with grade 3 including tumors with

more than 30% solid components. Varying treatment has been proposed based on the grade: local excision for grade I, simple mastectomy for grade II, and mastectomy with axillary dissection for grade 3. However, due to the rare incidence of these tumors, no consensus exists regarding management. The first patient discussed above presented with a grade II ACC with a solid component and did well with breast preservation. Recurrence rates after local excision are low, reported from 6-37%.^{4,5} The role of adjuvant radiotherapy is not defined; there are no randomized trials that have addressed this question. One retrospective review⁶ of 61 patients by the Rare Cancer Network found that radiotherapy after lumpectomy decreased local recurrence risk by 12% at 5 years (83% vs 95%). In another retrospective study of 376 patients of the Surveillance, Epidemiology and End Result (SEER) database, adjuvant radiation therapy improved overall and disease specific survival,⁷ but given the small numbers of patients and lack of randomized data, the role of adjuvant radiotherapy is not clear.

Regarding the pattern of spread, ACC only rarely involves axillary nodes, reported in 2% or fewer of cases.⁵ In the 61 patients followed by the Rare Cancer Network,⁶ 67% of the patients underwent axillary node dissection, and 16% had sentinel node evaluation, all of which were negative. After 79 months of follow up, none of the 61 patients on this study developed locoregional nodal metastasis. Although no consensus exists regarding management of a clinically negative axilla, some surgeons perform sentinel node evaluation for larger or higher grade tumors. Both of the patients presented above did have negative sentinel node evaluation, but there is no proven utility of sentinel node biopsies.

The distant spread of ACC is rare, usually occurs without axillary nodal involvement, and most commonly involves the lung, but metastases have also been reported in liver, kidneys, and brain. Although there is a small chance of distant spread, the role of adjuvant systemic therapy remains undefined. Given the hormone receptor negative nature of these tumors, adjuvant endocrine therapy does not play a role. Chemotherapy has not been shown to improve survival. The prognosis for ACC of the breast is excellent with an 88% 5 year survival⁸ that exceeds that for other types of breast cancer and for ACC of the salivary gland. Given the rare number of patients with this disease, optimal local and systemic therapy is not defined with current treatment remaining mainly surgical.

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